SAVAGE WRESTLING ACADEMY IST-5TH GRADE



WHY WRESTLE?

- 1. Wrestling Develops Athleticism.
- 2. Wrestling Promotes Personal Responsibility.
- 3. Wrestling Develops Mental and Emotional Resilience.
- 4. Wrestling Teaches About Nutrition and Weight Management.
- 5. Wrestling Develops Leadership Skills.
- 6. Wrestling Teaches Discipline and Accountability.
- 7. Wrestling Brings People Together.
- 8. Wrestling Promotes Self-Mastery and Focus.
- 9. Wrestling Teaches Self-Defense.
- 10. Wrestling Can Provide Travel and College Opportunities.

OUR GOAL

Our goal is to develop champions on the mat, in school, at home, and in life, through a structured program based upon integrity, commitment, healthy habits, and skills development. We will emphasize the fundamentals of wrestling to include basic skills, drills and techniques in a fun and positive manner. They will gain great knowledge of wrestling and will have the opportunity to continuously grow in the sport.

CONTACT

Phone: 570-709-9105

Website: Savagewrestling.com

Email: Savagewrestliungclub@gmail.com

WHERE?

Savage Wrestling Academy, 403 Oakwood Rd, Huntington, NY 11743. Signarama building.

SCHEDULE

Monday. 6:00-7:30 PM Wednesday. 6:00-7:30 PM Sunday. 9:00-10:00 AM

COACHES

Justin Accordino Chris Cardella Joe Calderone

COST

\$100 South Huntington Residents with code SHuntington10 \$120 Non-Residents

GEAR

Wrestling Shoes Short & T-Shirt Mouth Guard for Braces Head Gear *Recomended

REGISTER AT WWW.SAVAGEWRESTLING.COM

"This notice is posted for students solely as a community service by the school district. Such notification should not be considered to be an endorsement or approval by the district of either the sponsor or the activity."