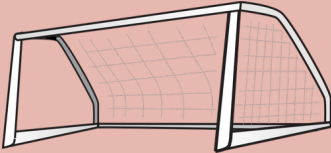
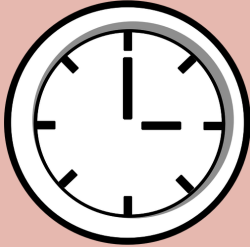




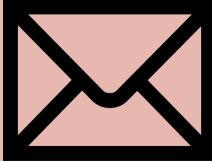



# Tips for Success on Learning Continuity Activities

<p><b>Set Goals</b></p> 	<p><b>Manage Time</b></p> 	<p><b>Quiet Space</b></p> 	<p><b>Eliminate Distractions</b></p> 
<ul style="list-style-type: none"> <li>- Select a mindset that allows you to get the <b>most out of distance learning</b>.</li> <li>- Do you want to focus on <b>1-2 subject's</b> work per day or do you want to do a <b>little bit</b> of every subject every day?</li> </ul>	<ul style="list-style-type: none"> <li>- Create a <b>daily schedule</b>.</li> <li>- It's easier to <b>complete the most difficult assignments first</b>.</li> <li>- Give yourself <b>breaks</b> throughout the day to ensure the best you possible.</li> </ul>	<ul style="list-style-type: none"> <li>- Find an area of your home that you <b>can work at comfortably</b>, for some it's easier to work at a table while others prefer a couch.</li> <li>- Try to select the most quiet area that <b>allows you to focus with natural light</b> if available.</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Turn off or silence phones</b>.</li> <li>- <b>Logout</b> of your social media accounts.</li> <li>- <b>Multitasking</b> with distractions on assignments does not always produce your best work.</li> <li>- <b>Breaks</b> are perfect times to reconnect.</li> </ul>
<p><b>Be Present</b></p> 	<p><b>Try Your Hardest</b></p> 	<p><b>Reach Out</b></p> 	<p><b>Take Breaks</b></p> 
<ul style="list-style-type: none"> <li>- Be <b>aware of the work you are completing</b>.</li> <li>- Work on assignments for at <b>least 20 minutes</b> before switching to something else.</li> <li>- <b>Proofread</b> and <b>check your work</b> for completion.</li> </ul>	<ul style="list-style-type: none"> <li>- Learning at home is <b>very different</b> than at school. <b>It's okay if you are stuck</b>.</li> <li>- <b>Put your best foot forward</b> and reach out to a friend or teacher for support.</li> </ul>	<ul style="list-style-type: none"> <li>- If you are facing a great deal of difficulty or have a simple question on an assignment, <b>email your teacher(s) for help!</b></li> </ul>	<ul style="list-style-type: none"> <li>- Take a break every 45 minutes.</li> <li>- You are used to switching classes every period so after working for a set amount of time, take a <b>5-10 minute break</b>: walk around your house, listen to music, call/message a friend.</li> </ul>

## References:

Ramirez, Priscilla (2020) [Tips for Online Classes for Students](#)

Writing Team (2019) [21 Tips for Online Classes Success](#)